

### What We Do: 1 Body in Churches

#### Experience “Total Transformation”

I pray that they will all be one, just as you and I are one—as you are in me, Father, and I am in you. And may they be in us so that the world will believe you sent me. John 17:21 (NLT)

As a Church Pastor or Leader, you now have a unique opportunity. 1 Body Ministries offers you an exciting way to contribute to eradicate poor health and spiritual poverty in your church – replacing it with *abundance*.

To that end, 1 Body created “Total Transformation,” a Christian health initiative for churches and other faith-based organizations. A 13-week scripture-based curriculum, this program yokes Christian teachings to *every* challenging facet of modern life.

Enrolling your church in “Total Transformation” helps usher every adult member to abundance. As such, members also are able to better contribute to doing His work. A commitment to the program provides a way to start delivering actionable information that enhances your church body in:

- Spiritual Health
- Nutritional Health, and
- Physical Health.

#### How It Works

“Total Transformation” is not your average health fare. Enroll your church in our program, and you’ll have access to a powerful teaching tool – one that fosters whole health in *every* aspect of your members’ lives!

“Total Transformation” is an exciting, 13-week Christian whole health training program. We don’t aim to directly teach your entire church body. Instead, we work closely with a small group of church disciples, preparing them to take the reins of leadership and make a difference church-wide.



## Faith-based Website Sales Copy

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We train your trainers to have an awesome, restorative impact on countless adult members of your church:

- The [1 Body staff](#) provides your group leaders with live, initial training and ongoing support upon completion of the 13-week training.
- We also have an online trainer forum, through which they can network continually with participating disciples from other churches and organizations.

[Contact us](#) to learn more about bringing 1 Body to your church or to schedule an on-site presentation.

